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MC- TANZANIA COMMEMORATES WORLD ORAL HEALTH DAY

New York, NY, April 2, 2019 – MC-Tanzania commemorated World Oral Health Day on March 20, 2019 in Tanga and Mbeya, the two regions where MC-Tanzania has its oral health care programs. The activities on World Oral Health Day included oral health education, screening, oral health care instruction, and fluoride varnish application to primary school children.

World Oral Health Day 2019 was completed in collaboration with the Colgate Palmolive, Ministry of Health, Community Development, Gender, Elderly and Children ([MoHCDGEC](#)) and through Schools of Dental Therapists. The WOHD theme for this year was the catch phrase “*Say Ahh: Act on Mouth Health*”. Amongst the participants involved were Dental Therapists students with their supervisors from Mbeya and Tanga Schools of Dental Therapists.

Furthermore, for World Oral Health Day, broadcast services on the television and radio shared information on the importance of oral health, in an effort to educate the public. In total, 1,472 people received oral health education and screening in Mbeya and Tanga regions. Dr. Hery Mwakayoka, who is the head of dental department at Mbeya Zonal Referral Hospital, urged the public *to visit dental clinic at least twice a year for dental check-up*. He urged the public *to brush their teeth at least twice a day in the morning and once at night before bedtime to minimize dental caries*.

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School children reading MC Tanzania brochure on oral health care

[Dental Therapist student screening a primary school child in Mbeya, Tanzania]

About Us

MCW Global is a non-profit organization with a vision for communities around the world to achieve greater levels of education, improved health, and increased economic security. Our mission is to address communities' pressing needs by empowering current leaders and readying leaders of tomorrow. Founded in 1999, MCW Global is based in New York with affiliates in Africa (Rwanda, Tanzania, and Zambia). MCW Global offers Young Leaders and Africa Programs. Across all our programs, we seek to act with integrity, compassion, accountability, responsibility, and excellence. www.mcwglobal.org | [@mcwglobal](https://twitter.com/mcwglobal)

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